

Research Article

Advances in Nutrition and Food Science ISSN 2641-6816

ANAFS-247

Potential of Paulownia Leaves and Flowers for Nutrition, Health Care and Animal Feeding

Jozef Steier^{1*}, Laszlo Lakatos², Gabriella Foldes-Lesko², Tamas Misik², Janos Mika²

¹Sunwo Plc, Csillagszem 19, H-1037 Budapest, Hungary ²Eszterhazy Karoly Catholic University, Eszterhazy sq. 1, 3300 Eger, Hungary

Received Date: November 23, 2022; Accepted Date: November 29, 2022; Published Date: December 06, 2022;

*Corresponding author: Steier Jozef. Sunwo Plc, Csillagszem 19, H-1037 Budapest, Hungary. Email: j.drsteier@sunwo.eu

Summary

The paper provides a short survey of nutrition, health care and animal feeding possibilities of the SmaragdfaTM hybrid result of repeatedly performed cross-breeding. Based on 31 references, the Sections of this short communication provide.

- main metric characteristics of the plant, its leaves and flowers;
- the ways how the leaves can be applied for feeding animals;
- some information on preparing honey for human consumption;
- detailed list of chemical components to subtract for improving human health.

Introduction

Although the SmaragdfaTM we examine is grown primarily for energy production and carbon dioxide sequestration, it has many other valuable properties. In this study, we present the role that the SmaragdfaTM plays in nutrition, health care and animal feeding.

The SmaragdfaTM belongs to the family of Paulownia trees. More closely, SmaragdfaTM is a Paulownia species-based, cross-breeded hybrid of Paulownia Furtunei, but free from Paulownia Tomentosa. It is perfectly unifying its parents' multipurpose qualities. This way of obtaining new plant generations excludes the danger of genetic modification in mass production.

They are deciduous trees native to China with an average height of 20-30 m (Innes, 2009). They might grow as tall as 50

m (Navroodi, 2013) in their place of origin. Their diameter reaches approximately two meters (Innes, 2009; Navroodi, 2013) by the end of their 24-30 years of the life cycle.

Leaves in the maturated tree reach a length of 15 - 30 cm and a width of 10-12 cm (Innes, 2009), with smooth and weaved sides (Zhao-Hua et al., 1986). The rare leaves create a cylindrical crown or an umbrella shape (Zhao-Hua et al., 1986). Paulownia produces C4-type photosynthesis with a high level of organic matter in their leaves (Woods, 2008). Paulownia leaves are utilized as green fertilizer as compost. (Yadav et al., 2013). A tree aged 8 - 10 years produces ca. 100 kg of green compound (leaves), about 2.8 - 3 % N and 0,4% K (Woods 2008).

Nutrition for animals

Leaves of Paulownia are an excellent source of fats, sugars and proteins for cattle nourishment. They have the same nutritious values as alfalfa. They are suitable for cattle nutrition, primarily sheep and goats, especially in combination with wheat straw or silage (Woods 2008; Angelov 2010). The nitrogen compound of the Paulownia leaves can be compared with that of several leguminous family plants.

Paulownia species are rich in phenolic substances distributed in different parts and tissues of the tree (Smejkal et al., 2007; Si et al., 2013). Each of these parts contains one or more bioactive components, e.g. ursolic acid and matteucinol, in the leaves (Ting et al., 2016).

Paulownia leaves are reported to have a similar feeding value to lucerne. They are suitable for combining with wheat straw or hay to feed cattle, sheep or goats. After one year's growth in China, when Paulownia was cut down, the leaves were offered to pigs and sheep (Zhaohua, 1987).

The leaves of Paulownia can be used as an alternative feed ingredient for different animals because of their various biochemical properties (Zhu 1987). According to El-Showk and El-Showk (2003), leaves are rich in minerals such as calcium (2.1%), phosphorus (0.6%), zinc (0.9%), and iron (0.6%). Koleva et al. (2011a) reported that leaves contain 15.1% cellulose and 8.8% crude protein. Koleva et al. (2011b) suggested that Paulownia leaves could be used as a feed ingredient for some monogastric animals and ruminants.

Food for humans

Phytochemical sources have been widely used as reducing agents for the synthesis of nanoparticles. Paulownia hybrids have economic and scientific relevance but have no use as food. For that reason, Pontaza-Licona et al. (2019) conducted a study on the synthesis of silver nanoparticles (AgNPs) using hydroalcoholic extracts from its leaves.

In addition to the above arguments on the possibility of preparing food for humans, it is also stated that from the flowers of Paulownia, precious honey can be obtained: a plantation can produce over 500 kg of honey per hectare (Paulownia Italy 2021). The flowering of Paulownia trees is strongly affected by environmental factors. If the conditions are ideal, Paulownia trees might bloom twice a year in just six months after planting. The extended blooming period of Paulownia trees is an excellent opportunity for producing a high amount of honey (Yadav et al., 2013; Woods, 2008). Due to the availability of this plant source, honey production might result in 700 kg honey/ha annually (Bikfalvi, 2013).

Supporting human health

Paulownia trees have many advantages for human health. According to traditional literature, the flowers and the leaves are usually cooked and occasionally consumed to treat fever and skin ailments or mitigate severe pain. Furthermore, it is also used specifically to cure respiratory diseases affecting the lungs and treat many digestive system problems (Angelov, 2010).

In the study of Uğuz and Kara (2019), content analysis was carried out to determine the antioxidant content of the Paulownia tree. According to this, the most catechin was found in the general phenolic content of the plant (24035.90 μ g/g in the leaf extract). The least amount of chlorogenic acid was (34.863 μ g/g in the leaf extract) found. The β -carotene was obtained as 7716.00 μ g/g in leaf content. The most common phenolic substance in the Paulownia is the catechin component stored in its leaves and flowers. One month after transferring to incubators, the seedlings had 12-13 leaves (Renata and Adriana 2016).

The naphthoquinone plumbagin has been detected in the leaves and fruit of Paulownia (Babula et al. 2009). It has been

used in traditional systems of medicine since ancient times (Pile et al., 2013). Six iridoids: 7-b-hydroxyharpagide, paulownioside, catalpol, aucubin, tomentoside and 7-hydroxytomentoside have been isolated from the leaves (Adriani et al. 1981: Franzyk et al. 1999). Seven phytosterols have been separated from leaves: ursolic acid (Zhu et al. 1986; Zhang and Li 2011), 3-epiursolic acid, pomolic acid, corosolic acid, maslinic acid, b-sitosterol, and daucosterol (Zhang and Li 2011). Most of these show various biological activities are potentially helpful in treating Alzheimer's disease (because of their ability to block the interactions of the amyloid b-CD36) (Wilkinson et al. 2011). It can prevent the monocyte recruitment that accelerates atherosclerosis, a significant complication of diabetes in mice (Ullevig et al. 2011). It also possesses antibacterial (Wong et al. 2012), anti-trypanosomal, and anti-leishmanial properties (Bero et al. 2011). More than 40 compounds with modified prenyl or geranyl side chains attached at C-6 of the flavonoid skeleton have been isolated from Paulownia's flowers, fruit, and leaves.

It is one of the most valuable medicinal plant species; tablets and injections derived from leaf, fruit and wood extracts are effective for bronchitis, relieving cough and reducing phlegm and blood pressure. These plants are endangered due to their extensive use in the medicine, food and beverages industry.

A robust and flavorful vanilla scent characterizes the flowers of the Paulownia species. They are often used as fresh flowers or dried materials to prepare high-quality teas or extracts. These numerous forms of the Paulownia flower provide several physiological advantages in our everyday lives. For instance, the tea and the syrup extracted from the flowers positively affect liver and spleen problems and respiratory diseases such as bronchitis (Angelov, 2010).

Nowadays, you might see Paulownia trees standing beside various streets and roads. At the same time, it is also one typical decoration of parks. For instance, old specimens of six Paulownia species can be found in gardens around the United Kingdom and across northwestern Europe (Monumental Trees, 2016).

Finally, we can conclude that these advantages and unique characteristics make Paulownia trees the "urban lungs" of the air-polluted crowded cities while providing a cooling refuge for city dwellers (Jensen, 2016).

References

- 1. Adriani C, Bonini C, Iavarone C, Trogolo C (1981). Isolation and characterization of paulownioside, a new highly oxygenated iridoids glucoside from *Paulownia tomentosa*. J Nat Prod. 44:739-744.
- **2.** Angelov B (2010). *Paulownia* the tree of future. Online. [Cit. 17.05.2019]. Velboy Ltd. Bulgaria.
- **3.** Babula P, Adam V, Havel L, Kizek R (2009). Noteworthy secondary metabolites naphthoquinones their occurrence, pharmacological properties and analysis. Current Pharmaceutical Analysis, 5:47-68.

- **4.** Bero J, Hannaert V, Chataigné G, et al. (2011). In vitro antitrypanosomal and antileishmanial activity of plants used in Benin in traditional medicine and bio-guided fractionation of the most active extract. J Ethnopharmacol 137:998-1002.
- **5.** Bikfalvi M (2013). The intelligent tree. Online. [Cit. 16.5.2019]. GreenE Romania.
- **6.** El-Showk S, El-Showk N (2003): "The Paulownia Tree: An Alternative for Sustainable Forestry," The Farm.
- 7. Franzyk H, Jensen SR, Thale Z, Olsen CE (1999). Halohydrins and polyols derived from antirrhinoside: structural revisions of muralioside and epimuralioside. J. Nat. Prod. 62:275-278.
- 8. Innes Robin J (2009) "Paulownia tomentosa. In: Fire Effects Information System" [Online]. U.S. Department of Agriculture, Forest Service, Rocky Mountain Research Station, Fire Sciences Laboratory (Producer).
- **9.** Jensen JB (2016) An investigation into the suitability of Paulownia as an agroforestry species for UK & NW European farming systems. Department of Agriculture & Business Management, Sruc, 2016.
- Koleva A, Dobreva K, Stoyanova M, Denev P, Damianova S, et al. (2011a). *Paulownia*–A source of biologically active substances. 1. Composition of leaves. J. Mt. Agric. Balk. 14:1061-1068.
- **11.** Koleva A, Dobreva K, Stoyanova M, Denev P, Damianova S, et al. (2011b). *Paulownia*–A source of biologically active substances. 2. Amino acid composition of leaves. J. Mt. Agric. Balk. 14:1078-1086.
- 12. Monumental trees (2016).
- **13.** Navroodi IH (2013): Comparison of growth and wood production of Populus deltoides and Paulownia fortunei in Guilan Province (Iran) in *Indian Journal of Science and Technology*, 6:4058-4062.
- **14.** Paulownia Italy (2021). What is Paulownia? Historical notes.
- **15.** Pile JE, Navalta JW, Davis CD. Sharma NC (2013). Interventional effects of plumbagin on experimental ulcerative colitis in mice. J. Nat. Prod. 76:1001-1006.
- **16.** Pontaza-Licona YS, Ramos-Jacques AL, Cervantes-Chavez JA, et al. (2019). Alcoholic extracts from *Paulownia tomentosa* leaves for silver nanoparticles synthesis. Results in Physics 12:1670-1679.
- **17.** Renata CL, Adriana PV (2016). *Paulownia tomentosa* l. in vitro propagation. Natural Resources and Sustainable Development. 30-37.
- **18.** Si LC, Liu SC, Hu HY, Jiang JZ, Yu GJ (2013). Activity guided screening of the antioxidants from *Paulownia tomentosa* var. tomentosa Bark. Bioresources, 8:628-637.

- **19.** Šmejkal K, Grycová L, Marek R, Lemière F, Jankovská D (2007). C-Geranyl compounds from Paulownia tomentosa fruits. J Nat Prod. 70:1244-1248.
- **20.** Ting H, Brajesh NV, Zachary DP, Prahlad P, Nirmal J (2016). *Paulownia* as a medicinal tree: Traditional uses and current advances. European Journal of Medicinal Plants, 14:1-15.
- **21.** Uğuz Ö, Kara Y (2019). Determination of antioxidant potential in the leaf and flower of *Paulownia tomentosa*. J Second Metabolite 6:106-112.
- **22.** Ullevig SL, Zhao Q, Zamora D et al. (2011). Ursolic acid protects diabetic mice against monocyte dysfunction and accelerated atherosclerosis. Atherosclerosis 219:409-416.
- 23. Wilkinson K, Boyd JD, Glicksman M et al. (2011). A highcontent drug screen identifies ursolic acid as an inhibitor of amyloid- β interactions with its receptor CD36. J Biol Chem 286:34914-34922.
- 24. Wong KC, Haq Ali DM, Boey PL (2012). Chemical constituents and antibacterial activity of *Melastoma malabathricum* L. Nat Prod Res 26:609-618.
- **25.** Woods V B (2008). Paulownia as a novel biomass crop for Northern Ireland? A review of current knowledge. Global research unit, AFBI Hillsborough. *Occasional publication*, 1-47.
- **26.** Yadav NK, Vaidya BN, Henderson K, Lee JF, Stewart WM (2013). A review of *Paulownia* biotechnology: a short rotation, fast growing multipurpose bioenergy tree. Am. J. Plant Sci. 4:2070-2082.
- **27.** Zhang DL, Li XQ (2011). Studies on the chemical constituents from the leave of *Paulownia tomentosa*. J. Chinese Medicinal Materials 34:232-234.
- 28. Zhao-Hua Z, Ching-Ju C, Xin-Yu L, Yao Gao X (1986). *Paulownia* in China: Cultivation and utilization by Chinese Academy of Forestry Staff, Asian Network for Biological Sciences and International Development Research Centre, ISBN 9971-84-546-6, Beijing, China.
- **29.** Zhaohua Z (1987). A new farming system. Crop/Paulownia intercropping. Multipurpose tree species from small-farm use. Proceedings of an international workshop held in November 2-5, Pattaya, Thailand. 65-69.
- **30.** Zhu ZH, Chao CJ, Lu XY, Xiong YG (1986). '*Paulownia* in China: cultivation and utilization.' (Asian Network for Biological Sciences and International Development Research Center: Beijing).
- **31.** Zhu ZH (1987). A new farming system. Crop/paulownia intercropping. Multipurpose tree species from small-farm use. In Proceedings of an international workshop, Pattaya, Thailand, 2–5 November, 65-69.

Citation: Steier J., Lakatos L., Foldes-Lesko G., Misik T., Mika J. (2022) Potential of Paulownia Leaves and Flowers for Nutrition, Health Care and Animal Feeding. Adv in Nutri and Food Sci: ANAFS-247.